

19th December 2024

From the Principal- Mrs Jenkins



Dear KGPS Families,

As we wrap up 2024, I want to extend a HUGE thank you to the amazing Year 5/6 Teaching Team and the entire KGPS staff for their incredible effort in organising such a memorable and special Graduation Dinner and Ceremony.

To the graduating class of 2024, farewell and best wishes for your journey ahead! We are so proud of you and can't wait to hear about all your achievements in secondary school. Thank you for being exemplary leaders at KGPS, taking on your leadership roles and responsibilities with passion and pride.

To everyone in our school community, have a safe and wonderful holiday break! We look forward to welcoming you back for another successful and exciting year in 2025.

Special Announcement

We are thrilled to release the 2024 Yearbook, celebrating 5 years of KGPS! This beautifully crafted 80-page keepsake features all our 2024 students and is a wonderful reflection of the year. You can secure your copy now via the Canteen Module in Compass- limited copies available!

Or pop into the office between now and 4pm today to purchase your copy over the counter for \$12.

Reminder: Key Dates

Please see our diary dates for return dates and other events for 2025.

Thank you for your ongoing support throughout the year, and we look forward to seeing your smiling faces in 2025!

Signing off for 2024,

Sherri

Sherri Jenkins | Principal



2025 Terms

<p><i>Term 1</i> 30th January to 4th April</p> <p><small>Years 1-6 start: 30/01 @ 9am Prep's start: 31/01 @ 9:30am</small></p>	<p><i>Term 2</i> 22nd April to 4th July</p>
<p><i>Term 3</i> 21st July to 19th September</p>	<p><i>Term 4</i> 6th October to 18th December</p>

Student Free Days & Public Holidays:

- Friday 7th March (Curriculum Day)
- Monday 10th March (Labour Day)
- Friday 18th April (Good Friday)
- Monday 21st April (Easter Monday)
- Friday 25th April (ANZAC Day)
- Monday 12th May (Curriculum Day)
- Monday 9th June (King's Birthday)
- Tuesday 4th November (Melbourne Cup)

Gratitude

A big thank you to the following canteen volunteers who helped out in the canteen:
Naz & Louise.

Thank you to the following families for spoiling the staff with gifts-
Fernando, Rodriguez, Venugopal, Masterson, Lam, Jarman and Karabitsakos families.



GRADE 6 GRADUATION





GRADE 6 BIG DAY OUT



Phone: 9792- 6800

Website: www.keysboroughgardensps.vic.edu.au

Email: keysborough.gardens.ps@education.vic.gov.au

Diary Dates

December 2024

- Thursday 19th - **Last Day of Term 4**

January 2025

- Wednesday 29th - **Curriculum Day (no school)**
- Thursday 30th - **Start of Term 1 - Year's 1 to 6 (9:00am start)**
- Friday 31st - **First Day for Preps (9:30am start)**

February 2025

- Wednesday 12th - **Parent Intro meetings Prep- Year 6 (1:00pm dismissal)**
- Friday 28th - **Whole School Welcome Picnic**

March 2025

- Tuesday 4th - **School Photos**
- Friday 7th - **Curriculum Day (no school)**
- Monday 10th - **Labour Day (no school)**
- Monday 24th - Wednesday 26th - Year 4 Camp Gundiwindi

April 2025

- Monday 21st - **Easter (no school)**
- Friday 25th - **ANZAC Day (no school)**

May 2025

- Monday 12th - **Curriculum Day (no school)**

Whole School Event

No School

Managing Your Mental Health Online During the Holidays

Digital Mental Health Gateway

Head to Health

Head to Health

A website that links Australians to online and phone mental health services, information and resources.
headtohealth.gov.au

Phone and Online Counselling



Lifeline 13 11 14

24/7 phone counselling and online crisis support chat available each evening.



Suicide Call Back Service 1300 659 467

National 24/7 professional telephone & online counselling for anyone affected by suicide.



Beyond Blue Support Service 1300 22 4636

Telephone (24/7), online and email counselling.



1800RESPECT 1800 737 732

24/7 phone & online counselling for people experiencing domestic, family and sexually violent situations.



MensLine Australia 1300 78 99 78

Advice, therapy and support for men with family and relationship concerns.



QLife 1800 184 527

Online chat or phone counselling for LGBTIQ+ people.



Open Arms 1800 011 046

Phone and online counselling for veterans and their families.



FriendLine 1800 424 287

Volunteers "ready for a cuppa and a conversation" to support adults experiencing loneliness.



SANE Australia 1800 18 7263

One-off phone and online support for people with complex mental health needs.



Butterfly Foundation 1800 33 4673

Telephone, online counselling, referral and online support groups for people with eating disorders.

Young People



Kids Helpline 1800 55 1800

24/7 phone and online counselling, information and moderated forums for youth (5-25 yrs).



ReachOut

Practical tools, support and moderated forums to help youth get through everyday issues or tough times and find further help.



The BRAVE Program

Online program for anxiety in children and teens, with parent-support modules.



Bite Back

BITE BACK

Activities and positive psychology tools to promote resilience in young people.

Scan to download a free PDF version from the eMHPrac Website



www.emhprac.org.au

Programs



MindSpot

Clinician supported online programs for stress, anxiety, depression, PTSD, chronic pain, or a chronic physical health condition in adults.

THIS WAY UP

Online, self-guided CBT programs for a range of mental health conditions and wellbeing issues. Own clinician assisted option available.



Mental Health Online

Free online programs for a range of issues, with self-guided or therapist support options.



MyCompass

A free, online interactive self-help CBT service for people with mild to moderate depression, anxiety and stress.



MoodGYM

A free, interactive program based on CBT and Interpersonal Therapy to help manage symptoms of depression and anxiety.



e-Couch

A free, self-help program with modules for depression, generalised anxiety & worry, social anxiety, relationship breakdown, and loss & grief.



Centre for Clinical Interventions

Free downloadable self-help workbooks for a range of mental health issues.



Mumspace

Information and programs to help new parents feel confident in dealing with the emotional challenges of pregnancy and parenting.

Apps



Daybreak

A website and app which supports individuals to cut back or take a break from using alcohol.



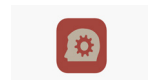
Smiling Mind

A free website and app teaching mindfulness meditation to young people and adults.



BeyondNow

An app and online tool that guides users in creating a safety plan with their mental health professional to assist them when experiencing suicidal thoughts.



HeadGear

An easy-to-use smartphone app guiding users through a 30-day mental fitness challenge.

Aboriginal and Torres Strait Islanders



WellMob

Online social, emotional and cultural wellbeing resources for Aboriginal and Torres Strait Islanders.



iBobbly

Wellbeing and suicide prevention self-help app for young Aboriginal and Torres Strait Islanders.



13YARN

Australia's first Indigenous-led crisis helpline providing 24/7 telephone support for Aboriginal and Torres Strait Islander people.



7:00 AM START
6:30 PM END

PLEASE ARRIVE BY 9AM ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

MON - 6th JAN	TUE - 7th JAN	WED - 8th JAN	THU - 9th JAN	FRI - 10th JAN
Prankster Academy	Mini Golf	Mufasa: The Lion King	Yoghurty	Ticket to Ride
Get ready to unleash your inner jokester, we're diving head first into the world of prankster shenanigans! We'll explore hilarious practical jokes and clever pranks that are sure to keep everyone laughing.	We're putting our skills to the test in a TeamKids Mini Golf Tournament! We'll experience a labyrinth of challenges that are sure to amaze all our senses. Will you score a hole-in-one? *Closed-toe shoes required.	Join Simba, now the King of the Pride Lands, as he guides his cub to follow in his paw prints! Dive into an unforgettable adventure that explores the origins of his beloved father, Mufasa. **Rated PG- Allergy Alert - Popcorn	Come along and get ready to swirl, scoop, and sprinkle as we whip up our very own yoghurt delight! Join TeamKids for a fun-filled day mixing delicious flavours and toppings to create the ultimate healthy treat	Roll up! Roll up! Blockheads unite! Grab the tickets! Build with excitement! We are off to the BRICKS 4 KIDS amusement park made from our imaginations! Using bricks, we'll build our favourite rides and learn how to make them come to life!
Daily Fee \$89	Daily Fee \$115	Daily Fee \$109	Daily Fee \$98	Daily Fee \$93
After Max CCS* \$8.90	After Max CCS* \$11.50	After Max CCS* \$10.90	After Max CCS* \$9.80	After Max CCS* \$9.30

MON - 13th JAN	TUE - 14th JAN	WED - 15th JAN	THU - 16th JAN	FRI - 17th JAN
Mini Marine Biologists	Beach Games	Crazy Chemicals	Paddington in Peru	Art Adventure
Become a marine biologist and dive into an exciting adventure! Touch the bones of some of the largest animals to ever live and discover the amazing ways they survive in the ocean. Enjoy a hands-on experience full of fun facts .	Get ready to bring the sandy beach vibes indoors because today we're diving into some epic beach games and enjoying the Summer vibes! All the fun, safe out of the sun.	Join us for some crazy chemical fun! Mix colourful potions, create zzzing bubbles, and watch colours magically change. It's a reaction-packed day of elementary fun that'll leave you gassed with excitement!	Get ready for PADDINGTON IN PERU! Paddington and the Browns are off to visit Aunt Lucy, but when a mystery arises, they embark on an exciting journey through the Amazon and beyond! **Rated PG- Allergy Alert - Popcorn	Get ready unlock your inner artist with an art-tastic day on TeamKids! Create science art, design your own art gallery, and compete in a colorful Beyblade contest. It's a day full of fun and artistic adventure!
Daily Fee \$89	Daily Fee \$121	Daily Fee \$92	Daily Fee \$109	Daily Fee \$79
After Max CCS* \$8.90	After Max CCS* \$12.10	After Max CCS* \$9.20	After Max CCS* \$10.90	After Max CCS* \$7.90

*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available.

**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy

FIND A VENUE

T EAMKIDS . CO M . AU / VENU ES

CHOOSE YOUR ADVENTURE

BOOK TODAY!





7:00 AM START
6:30 PM END

PLEASE ARRIVE BY 9AM ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

MON · 20th JAN



Magical Moments

Get ready to be amazed because today we're rolling out the red carpet for some enchanting wizardry—it's magic show time! Join us for a spellbinding experience filled with jaw-dropping tricks, illusions, and surprises.

Daily Fee \$95

After Max CCS* \$9.50

TUE · 21st JAN



Bounce!

The sky's the limit at BOUNCE! We'll be bouncing off the walls as we explore this adrenaline-inducing playground full of trampolines, awesome adventure features & soft padding. *Height restrictions apply & socks reqd.

Daily Fee \$116

After Max CCS* \$11.60

WED · 22nd JAN



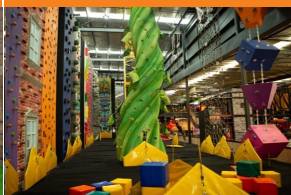
Splish Splash

Get ready for a splash-tastic day of fun! Join TeamKids for epic water play games that will leave you soaked in excitement. Don't miss out—water you waiting for?

Daily Fee \$97

After Max CCS* \$9.70

THU · 23rd JAN



Funtopia

TeamKids is exploring Melbourne's BIGGEST indoor playground & scaling the rock walls to incredible heights at Funtopia! Will you race your friends up the speed wall or down the slides? *Closed-toe shoes required.

Daily Fee \$126

After Max CCS* \$12.60

FRI · 24th JAN



Ultimate Remote Control Racing

Drive into this fun-filled incursion! Today we will be racing, jumping, and testing our driving skills with some Ultimate RC Cars. Who will be the fastest driver?

Daily Fee \$97

After Max CCS* \$9.70

TUE · 28th JAN



All Stars Sports Day

Calling all young all-stars! We have an exciting sports challenge with your name on it. Join TK for a jam-packed day of sports, cheerleading, and endless fun.

Daily Fee \$79

After Max CCS* \$7.90

*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available.

**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy

FIND A VENUE

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CHOOSE YOUR ADVENTURE

BOOK TODAY!

