










## Information for parents

### **Our commitment to the responsible use of digital technology**

At Keysborough Gardens Primary School, we focus on teaching respect and responsibility, especially when it comes to using technology. We help students understand how to use the internet safely and responsibly, including how to spot and deal with online risks. We also guide them in developing the digital skills they need to make a positive difference. While we use technology in our lessons to create engaging and personalized learning experiences, we also make sure to balance this with activities away from screens.






### **What we do**

	<p><b>We set clear expectations</b></p> <ul style="list-style-type: none"> <li>• We have clear expectations about appropriate conduct using digital technologies.</li> <li>• Our <b>Mobile Phone Policy</b> <a href="#">Mobile Phone Policy</a> outlines our school's expectations relating to students using mobile phones during school hours.</li> <li>• We have clear and appropriate consequences when students breach these expectations, in line with our <a href="#">Student Wellbeing and Engagement Policy</a>.</li> </ul>
	<p><b>We teach appropriate conduct</b></p> <ul style="list-style-type: none"> <li>• We teach our students to use technology safely and responsibly. This includes age-appropriate lessons on important topics like staying safe online and understanding cyberbullying.</li> </ul>
	<p><b>We partner with families</b></p> <ul style="list-style-type: none"> <li>• We work with parents and carers to understand the digital technology-related issues they are facing at home. We support them with information and tools that help.</li> </ul>
	<p><b>We provide access to technology</b></p> <ul style="list-style-type: none"> <li>• We provide access to educational software for students to use.</li> <li>• We create student email accounts which are non-identifiable.</li> </ul>
	<p><b>We supervise digital learning</b></p> <ul style="list-style-type: none"> <li>• We supervise students using digital technologies in the classroom, consistent with our duty of care.</li> <li>• We use clear protocols and procedures to protect students working in online spaces.</li> </ul>
	<p><b>We take appropriate steps to protect students</b></p> <ul style="list-style-type: none"> <li>• We provide a filtered internet service to block inappropriate content. Full protection from inappropriate content cannot be guaranteed, however, we have processes to report and act on inappropriate content.</li> <li>• We may access and monitor messages and files sent or saved our network, if necessary and appropriate.</li> </ul>
	<p><b>We appropriately manage and respond to online incidents</b></p> <ul style="list-style-type: none"> <li>• We work to prevent, respond, and learn from issues or incidents relating to the use of digital technology, including cybersecurity incidents, cyberbullying and risks to child safety.</li> <li>• We refer suspected illegal online acts to the police.</li> </ul>



## How parents and carers can help

Learning about technology and its impacts doesn't stop at the school gate. Below are our suggestions for ways you can support your children to responsibly use digital technology.

	<p><b>Establish clear routines</b></p> <ul style="list-style-type: none"> <li>• Talk to your child about when, where, and how they can use digital devices at home. Make sure the rules are suitable for their age and stay consistent.</li> <li>• Have devices used in common areas like the living room or kitchen.</li> <li>• Set up a charging station for devices in a place outside of bedrooms to help promote better sleep.</li> <li>• Be nearby when your child is using digital devices, especially for younger kids who may not fully understand online risks.</li> </ul>
	<p><b>Restrict inappropriate content</b></p> <ul style="list-style-type: none"> <li>• Use built-in parental controls on devices and apps to help manage their device access and restrict inappropriate content, including apps and websites that are not suitable for their age group.</li> <li>• Consider restricting the use of non-educational apps and apps with addictive game mechanics (e.g. rewards, badges, limited exit options).</li> </ul>
	<p><b>Talk about online safety</b></p> <ul style="list-style-type: none"> <li>• Talk with your child about the importance of protecting personal information and recognising online scams.</li> <li>• Encourage your child to talk to you or another trusted adult if they feel unsafe online.</li> </ul>
	<p><b>Model responsible and balanced technology use</b></p> <ul style="list-style-type: none"> <li>• Encourage a healthy balance between screen time and offline activities, especially outdoor unstructured play and time with friends and family, face-to-face. *</li> <li>• Demonstrate responsible and balanced tech use in your own daily routine to set a good example for your child.</li> </ul>
	<p><b>Work with us</b></p> <ul style="list-style-type: none"> <li>• Let your child's teacher know about concerns you have regarding their technology use</li> <li>• Keep informed about what your child is learning at school, so you can help reinforce positive messages at home.</li> </ul>

**\*Australia's physical activity and sedentary (inactive) behaviour guidelines** include the following recommendations for children between 5-17 years-old regarding sedentary recreational screen time:

- no more than 2 hours of inactive recreational screen time per day
- avoiding screen time 1 hour before sleep
- keeping screens out of the bedroom.

Source: Australia's physical activity and sedentary behaviour guidelines, <https://www.health.gov.au/topics/physical-activity-and-exercise/physical-activity-and-exercise-guidelines-for-all-australians/for-children-and-young-people-5-to-17-years>.

### Support for parents and carers

To learn more about how to support the safe, intentional and responsible use of digital technologies at home, the eSafety Commissioner provides [resources for parents](#), and outlines available [counselling and support services](#)



# Digital technology at **Keysborough Gardens Primary School**

## For students

### What we expect

Below are our expectations of students at Keysborough Gardens Primary School when using digital technologies.

#### Be safe



**At Keysborough Gardens Primary School we protect personal information and keep safe online.**

We do this by:

- Not sharing our password or using someone else's username or password.
- Logging out of our devices when they are not in use.
- Restricting the personal information we post online, including images and videos.

#### Be respectful



**At Keysborough Gardens Primary School, we are kind and show respect to others when using technology.**

We do this by:

- Acting with kindness and never bullying others online.
- Thinking about how our words might make others feel before we say or write them.
- Only taking photos or recordings of others when they are aware and have given us permission to do so.
- Seeking permission before sharing others' information online.

#### Be responsible



**At Keysborough Gardens Primary School, we are honest, handle technology with care and follow the school rules.**

We do this by:

- Handling devices with care.
- Not interfering with devices, school systems, or other students' work.
- Not downloading or using inappropriate programs like games.
- Not using technology to cheat or steal, and always acknowledging when we use information sourced from others.
- Turning off and securely storing our mobile phone during school hours.
- Ensuring a healthy balance between screen time and offline activities at school.

#### Ask for help



**At Keysborough Gardens Primary School, we ask for help if we feel unsure or see something inappropriate.**

We do this by talking to a teacher or a trusted adult if:

- We feel uncomfortable or unsafe.
- We see others participating in unsafe, inappropriate, or hurtful online behaviour.
- We notice any damage to school technologies.
- We need help understanding about a digital tool or how it can be used.

#### Support for students:

The e-safety commissioner's [eSafety kids](https://www.esafety.gov.uk) page has helpful information to help you stay safe online.



# Digital technology at **Keysborough Gardens Primary School**

## Instructions

- Students are encouraged to speak with their parents or teachers prior to signing this agreement if they don't understand what it means, or if they have questions they would like to discuss.
- Complete the agreement, including parent/carer acknowledgement and return it by **Friday 7<sup>th</sup> February**.
- Completed agreements can **be given to your classroom teacher**.

## Student Agreement

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(Student name)

I understand and commit to uphold the expectations on me as a student at **Keysborough Gardens Primary School** when using digital technology.

I will do my best to:

- **be safe** to protect personal information and keep safe online.
- **be respectful** and kind to others when using technology.
- **be responsible** by demonstrating honesty, handling technology with care and following the school rules.
- **ask for help** if I feel unsure or see something inappropriate.

I will continue to learn about how to use digital technology in a safe and responsible way.

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(Student's signature)

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(Date)

## Parent/carer acknowledgement

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(Parent/carer name)

I acknowledge your commitment and will support you to safely use and learn about digital technologies.

